THE ANTI-WAR MOVEMENT AND THE COUNTERCULTURE
A few questions…

- Is there an issue or a topic you would be willing to stand up for in a public display?
- What is a hippie? How does one behave? What does one look like?
What was the antiwar

The antiwar movement actually consisted of a number of independent interests, often only vaguely allied and contesting each other on many issues, united only in opposition to the Vietnam War. Attracting members from college campuses, middle-class suburbs, labor unions, and government institutions, the movement gained national prominence in 1965, peaked in 1968, and remained powerful throughout the duration of the conflict. Encompassing political, racial, and cultural spheres, the antiwar movement exposed a deep schism within 1960s American society.

- www.english.illinois.edu/maps/vietnam/antiwar.html
What did anti-war protesters say?

- Conflict in Vietnam was a civil war and US military had no business intervening.
- Some said South Vietnamese regime was no better than communists in the north.
- The US should not police the entire globe and our involvement there was draining our own resources.
- War is immoral.
Anti war history

- Long history of a peace movement grounded in Quaker and Unitarian beliefs – didn’t gain widespread popularity until Cold War.
- Nuclear weapons catalyst for SANE (National Committee for a Sane Nuclear Policy – Benjamin Spock).
- SPU – Student Peace Union 1959: unwilling to settle for fewer nuclear weapons, they wanted a complete overhaul of American society.
Anti war History cont.

- SPU was never an effective group and in 1964, Students for a Democratic Society (SDS) took up the fight
  - Founded in 1960 by Tom Hayden and Al Haber.
  - Charged that corporations and large government institutions had taken over America.
  - Called for a restoration of “Participatory democracy' and greater individual freedom.
SDS and FSM

FSM: Free Speech movement

- Roots in the Civil Rights Movement
- gained prominence at UCal Berkley.
- Group grew out of a clash between students and administrators over free speech.
- Mario Savio – focused critique on what it called American “Machine” the nations faceless and powerful business and government institutions.
Vietnam Veterans Against

- View clip and take notes on important information that makes the VVAW unique to the anti war movement.
Tinker v. Des Moines

- Read the case background and answer the three accompanying questions
Post Traumatic Stress

- Post-traumatic stress disorder is a type of anxiety disorder. It can occur after you've seen or experienced a traumatic event that involved the threat of injury or death.

- The cause of PTSD is unknown, but psychological, genetic, physical, and social factors are involved. PTSD changes the body’s response to stress. It affects the stress hormones and chemicals that carry information between the nerves (neurotransmitters). Having been exposed to trauma in the past may increase the risk of PTSD.

What causes PTSD?

- After major trauma such as:
  - Flood
  - Fire
  - Prison stay
  - Assault
  - Domestic abuse
  - Rape
  - War
  - etc

- Some Stats:
  - Experience of traumatic event:
    - 50% of women
    - 60% of men
    - More than half of Vietnam vets
  - Symptoms and treatment unique to individual PTSD victim

www.ptsd.va.gov

Monday, April 8, 13
Symptoms of PTSD

- PTSD not diagnosed until 1 full month of symptoms
- Must have 3 different types of symptoms
  - Re-experiencing symptoms
  - Avoidance
  - Numbing symptoms
  - Arousal symptoms – alert
Treatments

- Cognitive behavioral theory
  - Understand and change how one thinks about their trauma
- Exposure therapy
  - Have less fear about memories by talking about it
- Group therapy
- Medication
  - Dull the flashbacks and anxiety over trauma
- And some others… 😊 let’s watch
Counterculture: a movement made up mostly of white, middle-class college youths who had grown disillusioned with the war in Vietnam and injustices in America during the 1960s. Instead of challenging the system, they turned their backs on traditional America and tried to establish a whole new society based on peace and love.

The Americans, 987.
It was like paradise there. Everybody was in love with life and in love with their fellow human beings to the point where they were just sharing in incredible ways with everybody. Taking people in off the street and letting them stay in their homes...

You could walk down almost any street in the Haight-Ashbury where I was living, and someone would smile at you and just go, 'Hey, it's beautiful, isn't it?...'...It was a very special time.

-Alex Forman quoted in From Camelot to Kent State
“Tune In, Turn on, Drop Out”

- Hippies believed that America had become hollow
  - Materialism, technology & war
- Roots in the Beat movement of the 1950s
- Timothy Leary: psychology professor and counterculture philosopher
- Tens of thousands of idealistic youths left school, work, or home in search of peace, love and harmony
Hippies!

- Age of Aquarius – rock and roll
- Timothy Leary and drug use
  - Marijuana and LSD
  - Spiritual awakening
- Hippie clothing
  - Tie-dyed shirts
  - Military gear
  - Love beads
  - HAIR! ugh
- Rejected conventional home life
  - Communes
  - Haight-Ashbury = hippie capital because California did not outlaw hallucinogenic drugs until 1966

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Woodstock

- Read: Woodstock background reading
The "Aquarian Exposition" that took place during August 15–18, 1969, in Bethel, New York, is perhaps the best known moment of the
Your Assignment 😊

- To what extent did Woodstock reflect the American culture of 1969?
  - Read each of the analytical essays answering this essential question.
  - What is the main point in both?
  - How do each defend their point of view?
Decline

- There were ripoffs, violence...people living on the street with no place to stay.” – Alex Forman
- “we fell apart over who would cook and wash dishes and pay the bills.” – Hippie
- Janis Joplin and Jimi Hendrix died of drug overdoses in 1970
- As the 1960s wore on, many hippies lined up for government support – welfare and food stamps
What events and other factors hastened the decline of the counterculture movement?